

MSIII PSYCHIATRY CLERKSHIP - (INPATIENT SITES)

Autumn Life Center, OU Edmond Medical Center: (Geropsychiatric Program): (Tracy Loper, MD) 1 South Bryant Avenue, Edmond, OK

Under faculty/resident supervision, students will learn how to assess and treat psychiatric disorders in elder patients over the age of 65 years in an inpatient setting. Autumn Life is a specialized geriatric psychiatry unit that provides comprehensive medical and psychiatric assessments, biological treatments, individual psychotherapy and group therapy. Special attention is paid to medical, cognitive and psychiatric co-morbidities of the patient. Students will learn to work with a multidisciplinary team of medical and mental health providers, and communicate with patients' families and support networks.

Children's Hospital Consultation/Liaison Service (Robyn Cowperthwaite, MD) Inpt. Children's Hosp & Child Outpt mix OU Physicians Psychiatry and Behavioral Sciences specialize in the use of evidence-based interventions and treatment, often working together as a comprehensive team to help individuals, couples and families solve their problems. We work with children and their families on a multitude of mental health areas.

Griffin Memorial Hospital: (Clayton Morris, MD) 900 E Main, Norman, OK
GMH is a 120-bed acute inpatient adult psychiatric hospital. Many patients are under EOD or court commitment status. Under faculty and resident supervision, medical students and residents will participate in interviewing, assessment, and treatment of adults with a full range of mental and substance abuse disorders.

Integrus Mental Health Center (Adult Inpatient Unit)/Child Outpatient): (Naveena Boindala, MD) 2601 N. Spencer Road, Spencer, OK. A 16-bed acute inpatient adult (ages 18-65 years) psychiatric unit for acute stabilization of patients in psychiatric crises. Many patients are under EOD or court commitment status. The average length of stay for patients is 5 days, but varies depending on the individual's needs. Under faculty supervision, students will work with an inpatient team and participate in interviewing, assessment, and treatment of adults with a full range of mental health and substance abuse disorders. In addition, this site is unique in that students will also get the opportunity to work with Dr. Boindala in her child and adolescent outpatient clinic on some afternoons after doing rounds on inpatient adult unit.

Oklahoma Crisis Recovery Unit: (Christina Reeder, MD) 1200 NE 13th Street, OKC, OK **Unavailable at this time.**

An inpatient and mental health urgent care experience. This facility offers acute and brief stabilization services for individuals who require hospitalization on a voluntary or involuntary basis, and who might be a threat to themselves, to their families, or to others if left in the community or a less restrictive environment. Under faculty supervision, students will be able to observe and participate in the evaluation, emergency treatment, and stabilization of acutely ill psychiatric patients with a full range of mental health and substance abuse disorders. This may also include attending group therapy and social worker assessments.

OU Medical Center - Consultation/Liaison Service (former name-Presbyterian): (Christopher Czapl, MD) 5E Presbyterian Tower, OKC, OK. Under faculty/resident supervision, students will become familiar with different psychiatric illnesses consisting of emotional and physical components, interview non-psychiatric patients having psychiatric problems, and do work-ups in a non-psychiatric setting. Short-term intervention, crisis intervention, family evaluation, and behavior modification techniques will be taught. Development of treatment plan for after care will be addressed and using evidence-based medicine is strongly encouraged. The students will have the opportunity to do initial evaluations and present their evaluations to resident and faculty. There are discussions concerning patient care, diagnosis, and possible workups to define patients' issues. This is done in a collegial environment using quasi Socratic interaction.

VAMC Consultation/Liaison Service: (Afia Sadiq, MD) VAMC, Ward 8

Under faculty/resident supervision, students will learn how to provide psychiatric consultation and interview veterans in a non-psychiatric inpatient setting. Evaluation and treatment plans will often involve taking into careful consideration

the acute medical and psychiatric co-morbidities of the patient. Students will have the opportunity to become familiar with both primary psychiatric disease and non-psychiatric illnesses presenting with psychiatric symptoms.

VAMC Geriatric Inpatient Unit: (Audra Yadack, MD) VAMC, Ward 8, 8 East (*Newer Rotation*)

Geriatrics and Extended Care (GEC) program including a broad range of Long Term Services and Supports, including Geriatric and Palliative Care, dementia and delirium programs. This program focuses on facilitating Veteran independence, enhancing quality of life, and supporting family members and caregivers of our Veterans.

VAMC Inpatient Unit: (Judy Forshee, MD/Scott Albright, DO/Angela Houston, MD) VAMC, Ward 8, 8 North
Students work with a full inpatient treatment team in the care of veterans in psychiatric crisis requiring acute hospitalization. Most students will get to observe, assess and track the treatment of patients with a wide variety of acute mental health issues including psychosis, mania, depression, PTSD, the full spectrum of anxiety disorders, suicidality, dementia, personality disorders, malingering and alcohol/drug withdrawal. This rotation is a great opportunity to hone your skills in differential diagnosis of mental illness, psychiatric interviewing, pharmacotherapy, and the interplay between medical illness and mental illness, all with the opportunity to eat at the world-famous VA cafeteria.

MSIII PSYCHIATRY CLERKSHIP – (OUTPATIENT/SELECTIVE SITES)

Central Oklahoma Community Mental Health Center (COCMHC) (under the direction of Griffin Memorial Hospital)

(formerly known as Central State Hospital): (Clayton Morris, MD) 909 E. Alameda Street, Norman, OK

Under faculty and resident supervision, medical students and residents will participate in interviewing, assessment, and treatment of adults with a full range of mental illness, painful effects of traumatic experiences, and/or addiction.

Hope Community Services, Inc.: (Patrick Horn, MD) 6100 South Walker Avenue, OKC, OK

This outpatient rotation offers an experience in the community mental health. The clinic serves a diverse population with mental disorders such as schizophrenia, bipolar disorder, major depression and other disorders. Students will learn important elements of the psychiatric interview, develop competency in performing psychiatric diagnostic evaluations, and build a knowledge base for treatments of various psychiatric diagnoses. The diversity of presentations and diagnoses in this population will provide the student with a rich experience, which should leave them more confident in caring for individuals with psychiatric illness.

Integris Decisions Day Treatment Center: (Fiona Li, MD) 5100 N. Brookline, Suite 950, OKC, OK **Unavailable at this time.**

Experience the care of patients admitted to a day treatment center; for people with depression, bereavement, anxiety disorders, etc. May be individual, family, or group therapy format. Student spends time with the psychiatrist in patient evaluation and management, in the extended group therapy sessions and in the treatment team meetings.

North Oklahoma County Mental Health Center: (Peter Kowalski, MD) 1140 North Hudson Street, OKC, OK (*formerly known as NorthCare*)

Mental health rehabilitation center focuses on helping individuals recover from mental illnesses like bipolar disorder, clinical depression, anxiety disorders, schizophrenia, and more. Mental health professionals at this facility are trained to understand and treat mental health issues, both in individual and group settings.

OU Correctional Psychiatry: (OKC County Detention Ctr) (Britta Ostermeyer, MD/Gabriel Cuka, MD) 201 N. Shartel, OKC, OK

Students will assist the attending psychiatrist in assessing and providing psychopharmacologic treatments of incarcerated patients with a variety of mental illnesses. These will include schizophrenia and other psychotic disorders, bipolar disorder, depression, anxiety disorders, substance use disorders, and dual diagnoses. Patients will be assessed for potential suicidality or risk for aggression toward others, with appropriate interventions provided. Psychiatric treatment is provided in a secure clinic setting within the jail. A treatment team includes other health professionals and trainees from several health care training programs.

Positive Changes: (Ethan Lindsey, MD) 7908 N.W. 23rd St., Bethany, OK

Experience in the care of children and adolescents involved in the programs at Positive Changes including a Partial Hospitalization Program (PHP), an Intensive Outpatient Therapy (IOP) program, and medication management. These programs are designed to care for patients who require more intensive outpatient or intensive clinical care with day-long, multidisciplinary treatment. The goal is often to transition from inpatient care to outpatient care or to avoid the need for inpatient hospitalization.

Red Rock Behavioral Health Services: (V. Ray Cordry, MD) 4400 N. Lincoln Blvd., OKC, OK **Unavailable at this time.**

This outpatient rotation offers an experience in a private not-for-profit community mental health center. The clinic serves a diverse population with mental disorders such as schizophrenia, bipolar disorder, major depression and other disorders. Students will learn important elements of the psychiatric interview, develop competency in performing psychiatric diagnostic evaluations, and build a knowledge base for treatments of various psychiatric diagnoses. The diversity of presentations and diagnoses in this population will provide the student with a rich experience, which should leave them more confident in caring for individuals with psychiatric illness.

Stanbro Healthcare Group (Peter Stanbro, MD) Turtlecreek Professional Village, 2000 E. 15th St., Ste. 400-A, Edmond, OK
(This clinic is a combined rotation with the Child Outpatient Clinic within the Dept of Psychiatry in the Williams Pavilion)

This outpatient rotation is focused on caring for the mental health of children, adolescents and adults through psychiatric treatment and medicine. This mental health care group offers services in the areas of comprehensive mental health assessment, consultation to pediatric and adult practitioners in inpatient, outpatient and emergency settings, as well as consultation to schools, courts and child-service agencies.

VA Mental Health Clinic: (Hashib Faruque, MD/Nilam Patel, MD/Sevim Bennett, MD/Abid Zahoor, MD/Peggy Hudson, PhD) VAMC GA 125, Ground Floor, Southeast corner of main VAMC.

Under faculty supervision learning to perform brief, focused initial consultations/diagnostic assessments with veterans presenting with a wide range of DSM diagnoses as well as learning about the wide variety of psychological and psychiatric treatment modalities. Enhanced awareness of commonly used psychiatric medications via didactic experiences and patient interviews. Gaining experience in assessing for suicidal/homicidal ideation/plan/intent including assessing patients in an emergency room setting. The rotation includes both practical experiences as well as various didactic experiences with the various faculty affiliated with the rotation.

VA - Primary Care Mental Health Institute: (Pam Fischer, PhD/Nemesio Gutierrez, MD/Ambreen Rahman, MD)

Interview Techniques, Brief Diagnostic Evaluation/Medication Management, consultation with Primary Care Physicians; participate in provision of Cognitive-Behavior Group therapy for Depression Mgt; Anxiety Mgt, and Sleep Mgt as well as presenting information about the psychosocial aspects of managing diabetes for the Diabetes Education I Class.

VA - Substance Abuse Clinic: (Adil Tumbi, MD/Alan "Dutch" Doerman, PhD) VAMC 3A107

This service provides veterans with active substance use disorders with intake/assessment, detoxification/medically-supervised withdrawal/stabilization, treatment/discharge planning, contract bed placement, intensive outpatient (IOP) treatment, sobriety maintenance, and after care outpatient treatment.

VA – Trauma & Deployment Recovery Service: (Julie Williams, MD) VAMC, 4thFloor)

This service includes veterans from all eras who are dealing with a military related traumatic event or deployment readjustment issues are provided with treatment. This includes combat trauma, non-combat military related trauma, or military sexual trauma. The program staff is comprised of psychiatrists, psychologists, social workers and program support assistants.

WP Adult Outpatient Clinic: (Psychiatry Departmental Faculty/OUHSC/Williams Pavilion/3rd floor)

This is an Adult Outpatient treatment experience within the Department of Psychiatry working with adult outpatient faculty and trainees within the clinic.

WP Child Outpatient Clinic: (Psychiatry Departmental Faculty/OUHSC/Williams Pavilion/3rd floor)

(This clinic is a combined rotation with the Stanbro Healthcare Group in Edmond, OK-see above for details)

This is a Child Outpatient treatment experience within the Department of Psychiatry working with child faculty and child fellows and residents within the clinic.